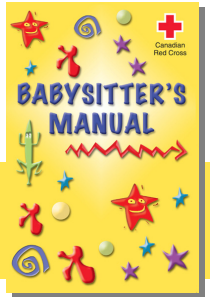




Canadian Red Cross Babysitting Course

Fact Sheet for Schools



**Make the school, playground, and home safer places!
As trained babysitters, students will learn:**

- Basic skills to care for babies, toddlers, preschoolers, and school-age children
- How to care for themselves and siblings when home alone
- Strategies to create a safe and positive environment and prevent injuries
- Problem-solving and decision-making skills to handle emergencies and provide basic first aid
- Age-appropriate activities and games
- Communication and basic business skills to acquire babysitting jobs

Course Features:

- Developed for youth 11 to 15 years of age
- Can be combined with the Red Cross CPR Course for a more comprehensive educational program
- Focuses on five main areas: child caregiving, first aid, injury prevention, leadership, and business skills
- Fun activities, including discussion, problem-solving scenarios and hands-on practice, help participants learn and make the session(s) enjoyable
- The course and its materials are available in English and French
- Participants receive the Canadian Red Cross *Babysitter's Manual*, which includes key information on caring for kids of different ages, as well as an emergency contact form, sample resumé, business cards, glossary, and more
- Participants receive a wallet card that confirms they have completed the course
- To promote the course within your school, the Red Cross offers bilingual promotional materials, such as posters, bookmarks, and fact sheets for parents

Delivery Options:

- Ideal for a one-day teachers' professional development day program for students or offered in shorter sessions over several days/weeks
- Red Cross can link your school with a Red Cross Training Partner to offer the course at your school **or**
- Teachers/teacher assistants with current first aid certification can complete a facilitator self-study package and offer the program directly as an extracurricular or after-school program activity

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Safe + Sound
FIRST AID TRAINING

Valuable Training You Can Feel Confident to Offer

The Babysitting Course incorporates the latest injury prevention standards.

The course content was reviewed by leading health and youth organizations, including *Health Canada*, *SMARTRISK*, *Safe Kids Canada*, *Fire Prevention Canada*, *Scouts Canada*, *RespectED*, and *Canadian Agricultural Safety Association*.

This course is endorsed by the Girl Guides of Canada.

